



# Come enjoy summer fun at SLGC!!

WELCOME TO SLGC... if your child has not been enrolled at the Gym Centre since September 2022, PLEASE stop by our office area to fill out or update your registration form in order to participate in any of our summer programs.

## SUMMER SCHEDULE - June 12, 2023 - August 3, 2023

### Preschool Movement Education

We offer a complete gymnastics program designed for girls and boys ages 1-4. Our activities are structured to help develop hand-eye coordination, perceptual motor skills and spacial awareness. Gymnastics skills are taught through progressions and repetition that provide an optimal learning attitude and environment. Our philosophy is to use positive reinforcement to develop self-confidence, creativity and independence.



### Progressive & Preschool Classes

#### Preschool Gymnastics

##### Tiny Tumbler (Ages 1 & 2)

(Parent/Child Class)

Tues: 9:15, 10:15

Wed: 9:15, 10:15, 6:15

Thurs: 5:15

Tuition Cost: \$173.00

##### Tiny Tumbler (Ages 3 & 4)

Mon: 4:15, 5:15, 6:15

Tues: 9:15, 10:15,

5:15, 6:15

Wed: 9:15, 10:15,

4:15, 5:15

Thur: 4:15, 6:15

Tuition Cost: \$ 178.00

Gym Jam  
Tues & Wed  
11:15am  
\$5.00



#### Trampoline & Tumbling

Coed-Class

Ages 8 & up

Tuesday 6:30-7:35

Tuition Cost: \$217.00



#### Girls' Developmental Gymnastics (Ages 5 & up)

##### Progressive

Mon: 5:00-6:05

6:30-7:35

Tues: 9:30-10:35

10:45-11:50

5:00-6:05

6:30-7:35

Wed: 5:00-6:05

6:30-7:35 (5-9) &

(10 & up)

Thurs: 5:00-6:05

##### Advanced Progressive

Mon: 4:30-6:05

Tues: 9:00-10:35

Tues: 5:00-6:35

Wed: 6:30-8:05

Thurs: 4:30-6:05

##### Tuition Cost: Developmental Class Fees:

65 minutes, \$217.00

95 minutes, \$251.00



### Boys' & Girls'

#### Developmental Gymnastics

Our developmental gymnastic classes provide a non-competitive, achievement-oriented program of progressive skills, conditioning, strength & flexibility. All of the gymnastic events are taught in levels of progression to enhance learning and ensure safety.



#### Boys' Developmental Gymnastics

##### (Ages 5 & up)

##### Progressive

Mon: 5:00-6:05

6:30-7:35

Tues: 9:30-10:35

10:45-11:50

Wed: 5:00-6:05

Wed: 7:00-8:05 (10 & Up)

(65 or 95 minute option)

Thurs: 5:00-6:05

Tuition Cost: 65 minutes, \$217.00

95 minutes, \$251.00



CHECK OUT OUR



WEB SITE!

stlouisgymcentre.com