

St. Louis Gym Centre Covid-19 Class Protocol as of 11/17/20

<p style="text-align: center;">SLGC Guidelines</p>	<ul style="list-style-type: none"> • Staff will be held to a 24 hour wellness standard. • Staff will be temperature checked upon arrival. • Staff will be required to wear masks at all times.
<p style="text-align: center;">Building Guidelines</p>	<ul style="list-style-type: none"> • Building will stay within our 25% building capacity. • SLGC has disinfecting foggers that will be used nightly on all equipment, restrooms, office areas and viewing areas. • SLGC has installed 20 hand sanitizer stations throughout the gym, viewing areas and office area. • Separate entrances and exits will be used to control traffic flow. • Drinking Fountains will be closed and will not be used. • Equipment and high touch areas will be cleaned between groups. • Viewing areas will be marked to designate proper 6 foot social distancing. • 6 foot markers will be placed within all gym areas for proper gymnast spacing.
<p style="text-align: center;">Gymnasts Requirements And Responsibilities</p>	<ul style="list-style-type: none"> • Gymnasts need to be dressed ready for class upon arrival. • Athletes should go to the bathroom at home prior to leaving the house to minimize our restroom usage. • Parents should check an athlete's temperature and conduct Covid-19 health screening prior to coming to practice. • Gymnasts will be required to use sanitizer before and after each rotation. • Gymnasts ages 5 & up will be required to wear masks while in the building, including during class. • Parents participating in the TT1&2 preschool class are required to wear masks during class.
<p style="text-align: center;">Drop off/ Pick Up and Spectator Procedures</p>	<ul style="list-style-type: none"> • Gymnasts will be allowed to enter the gym only 5 minutes prior to class time. Please have them wait in the car until class time, if early. • Preschool gymnasts are required to have an adult present during the entire class. One adult max (mask required), no siblings. • Progressive classes: One parent (mask required) can walk the gymnast to the check in area, although dropping off your gymnast is preferred. • Progressive classes: There are very few socially distanced viewing spots for parents. You must sign up in advance if you would like to stay and watch. Call 314-968-9494. • Progressive parents are also welcome to utilize our drive-up lane for drop off or pick up. Please pull into our neighbor's driveway to the west of the SLGC parking lot. This will allow you to circle behind our building and turn right along the side of the building to enter the drive-up lane. • If picking up your gymnast inside, please do not come inside more than 5 minutes before the end of class unless you call to sign up for viewing. • Please park on the east side of the parking lot (non-building side) if entering the building. • All Progressive gymnasts/parents will exit through our side emergency exit doors.