

St. Louis Gym Centre Covid-19 Return to Sport Response

Class Protocol as of 6/15/20

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| <p>Employee Guidelines</p> | <ul style="list-style-type: none">• Staff will be held to a 24 hour wellness standard.• Staff will be temperature checked upon arrival.• Staff will be required to wear masks when 6 feet social distancing cannot be attained.• Spotting skills will be limited and only when necessary. |
| <p>Building Guidelines</p> | <ul style="list-style-type: none">• SLGC has purchased two disinfecting foggers that will be used nightly on all equipment, restrooms, office areas and viewing areas.• SLGC has installed 20 hand sanitizer stations throughout the gym, viewing areas and office area.• Separate entrances and exits will be used to control traffic flow.• Drinking Fountains will be closed and will not be used.• Cubbies and lockers will not be used.• Equipment and high touch areas will be cleaned between groups.• Viewing areas will be marked to designate proper 6 foot social distancing.• 6 foot markers will be placed within all gym areas for proper gymnast spacing. |
| <p>Gymnasts Requirements And Responsibilities</p> | <ul style="list-style-type: none">• Gymnasts need to be dressed ready for practice upon arrival.• Athletes should go to the bathroom at home prior to leaving the house to minimize our restroom usage.• Parents should check an athlete's temperature prior to coming to practice.• Gymnasts will be required to use sanitizer before and after each rotation. |
| <p>What to Bring</p> | <ul style="list-style-type: none">• Water bottle (drinking fountain will not be available)• Flip flops or slides. Gymnasts will be wearing these when walking through the gym. |
| <p>Drop off/ Pick Up and Spectator Procedures</p> | <ul style="list-style-type: none">• Gymnasts will be allowed to enter the gym only 5 minutes prior to class time. Please have them wait in the car until time, if early.• Please park on the east side of the parking lot (non-building side).• One parent should walk his/her gymnast into the building through our main doors.• Progressive classes: One parent (mask required, no siblings) is allowed to stay during the class, although dropping off or waiting in your car is encouraged.• Preschool gymnasts are required to have an adult present during the entire class. One adult max (mask required), no siblings.• All gymnasts/parents will exit through our side emergency exit doors.• For parents that do not stay in the building, there will be a drive-up pick up line for parents' convenience. Please drive to the end of the parking lot, turn around and enter the pick up line. Drive up to the side emergency door. A coach will be watching and release gymnasts as parents arrive. Please be on time to pick up your gymnast. |