

Women's Xcel Competition Schedule 2019-2020

<u>Meet Date</u>	<u>Meet Info / Location / Levels Attending</u>
Dec 13 – 15	MO Judges Cup; Lindenwood University, St. Charles, MO (All Levels) http://www.monawgj.org/id14.html
Jan 11 – 12	SLGC Meet Me in St. Louis; DoubleTree Hotel, Chesterfield, MO (All Levels) http://www.slgcmeetmeinstlouis.org/
Jan 24 – 26	Rolling Thunder; Lodge of Four Seasons, Lake of the Ozarks, MO (All Levels) http://www.high5meets.com/rolling-thunder-ozarks/
Feb 7 – 9	IGI Chicago Style; McCormick Place, Chicago, IL (All Levels) https://www.chicagostylemeet.com/home
Feb 14 – 16	GymQuarters Invite; Family Arena, St. Charles, MO (Bronze & Silver ONLY) http://www.gymquarters.com/index.html
Feb 21 – 23	St. Louis Classic; America's Center, St. Louis, MO (Gold, Platinum & Diamond ONLY) http://www.teamcentral.org/st-louis-classic.html
Feb 28 – March 1	Olympia Crown Invite; MICDS, St. Louis, MO (All Levels) https://www.high5meets.com/crown-invite/
Mar 13 - 15	Xcel Bronze & Silver State; Cape Girardeau, MO (Bronze & Silver ONLY) http://www.mousag.org/
Mar 20 - 22	Xcel Gold State; Columbia College, Columbia, MO (Gold Level ONLY) http://www.mousag.org/
Mar 27 - 29	Xcel Platinum & Diamond State; Kansas City, MO (Platinum & Diamond ONLY) http://www.mousag.org/
April 24 – 26	Xcel Regionals; Madison, WI (Gold, Platinum & Diamond ONLY) http://www.region4gymnastics.com/

*You are expected to attend all competitions. If you have a conflict, you must inform the front desk as soon as possible. We register for most competitions no later than mid-September as most of these competitions fill well before the actual deadline.

*Keep the entire meet weekend open (including Fridays and/or Mondays, if a Friday and/or Monday date is listed). You will not know exactly when your child is scheduled to compete until a couple of weeks prior to the competition. Your child will compete only one session, approximately 4-5 hours once over the weekend.

*Book your hotels early and for the entire weekend. Most meets have a host hotel with discounted rates. Go to the websites listed above for hotel information for each meet. Host hotels fill very quickly. Once the competition schedule is released (typically 2-3 weeks prior to the meet) you can always cancel unnecessary nights. Check with the hotel for cancellation deadlines. We advise against booking any non-refundable rooms. Please know, you are not required to book a specific hotel.

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Like “SLGC Xcel Team Families” on Facebook for reminders and updates!